

Cross-Cultural Encounters: Bridging Worlds of Difference

Instructor: Lawrence E. Hedges, PhD., PsyD., ABPP

Course Description:

Today, as never before, clinical practice, training, and research is conducted in diverse and multicultural settings. The American Psychological Association more than a decade ago mandated that multicultural courses and diversity training be a standard part of doctoral level curricula, but to date little has been done to address the pressing continuing education needs for multicultural understanding and cross-cultural communication in general clinical practice.

This course is designed to alert clinicians as well as academicians and researchers to the major issues being discussed in multicultural and diversity education, theory and research today. Of particular importance is the self-assessment of bias and prejudice, a critical consciousness-raising exercise designed to help each participant assess her/his cultural and ethnic points of view.

Learning Goals:

- To be able to specify how multiculturalism is coming to constitute the fourth force in the clinical disciplines
- To become able to formulate the major concerns of multicultural approaches to psychodiagnosis and psychotherapy
- To know what is involved when any two people attempt to bridge their worlds of cultural difference
- To develop an appreciation for a multi-ethnic approach to interpersonal relationships that denies the objective reality of race while honoring the subjective realities of diverse cultural, racial, and ethnic identities.
- To state how immigration, children of immigration, central city living, class and ethnic differences all have an impact on clinical ethics, diagnosis, and practice
- To be able to identify the ethnosexual frontier and how it manifests in the transference/countertransference matrix.
- To assess personal biases that affect cross-cultural and cross-ethnic encounters.

The Listening Perspectives Study Center is approved to provide Continuing Education Credits for Psychologists, Marriage and Family Therapists, Social Workers, and Nurses. The exact number of credits awarded is equal to the number of contact hours for each event and is specified on the Syllabus.

The Listening Perspective Study Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The Listening Perspectives Study Center maintains responsibility for the program and its content.

The California Board of Behavior Science recognizes Continuing Education Credits awarded by providers approved by the American Psychological Association to Marriage & Family Therapists and Licensed Clinical Social Workers

California Board of Registered Nursing Provider Number: CEPI2038