

Listening Perspectives Study Center
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Woman Rising XXIV
The Gender Revolution: Expanding the Heroic
October 2017 through May 2018
Instructor: Lawrence E. Hedges, Ph.D, Psy.D., ABPP

Course Description:

The heroic has yet to be expanded to include what women most value—relationships, everyday life, and an appreciation of diversity. How is this expanded vision of the heroic attained, sustained, or lost by the daily choices made in the lives of women *and* men? Cultural and psychological changes in roles, expectations, and relational conflicts are being articulated clearly today by women creative writers. Focusing on a different book each month, we seek to understand the shifting concerns of the gender revolution as it affects us as psychotherapists and in our personal lives. This is an intermediate course.

Learning Goals: At the end of this course participants will be able:

- To identify women's unique psychological experiences from many different perspectives including cultural, familial, relational, temporal, sexual, physical, spiritual, and creative.
- To define how culture shapes who we are as individuals and what obstacles, inspirations, and challenges reside within our cultural experience.
- To state how relationships shape the psyche of women and help give expression to who they are becoming and what they desire.
- To specify how relational issues defined by creative writers can be used to enrich the psychotherapy experience.

Meet the first Tuesdays of each month 10:30 a.m. to 12:00 p.m. beginning October 3, 2017. Tuition for the year (12 hours of continuing education credit) is \$375 to be paid in 3 installments of \$125.

Early Bird fee of \$325 due by September 1, 2017

The Listening Perspectives Study Center is approved to provide Continuing Education Credits for Psychologists, Marriage and Family Therapists, Social Workers, and Nurses. The exact number of credits awarded is equal to the number of contact hours for each event and is specified on the Syllabus.

The Listening Perspective Study Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The Listening Perspectives Study Center maintains responsibility for the program and its content.

The California Board of Behavior Science recognizes Continuing Education Credits awarded by providers approved by the American Psychological Association to Marriage & Family Therapists and Licensed Clinical Social Workers

California Board of Registered Nursing Provider Number: CEP12038

October 3, 2017

Commonwealth by Ann Patchett

Spanning five decades, *Commonwealth* explores how a chance encounter reverberates through the lives of the four parents and six children involved. Spending summers together in Virginia, the Keating and Cousins children forge a lasting bond that is based on a shared disillusionment with their parents and the strange and genuine affection that grows up between them.

November 7, 2017

The Age of Grief by Jane Smiley

The luminous novella and stories in *The Age of Grief* explore the vicissitudes of love, friendship, and marriage with all the compassion and insight that have come to be expected from Jane Smiley, the Pulitzer Prize-winning author of *A Thousand Acres*. Beautifully written, with a wry intelligence and a lively comic touch, *The Age of Grief* captures moments of great intimacy with grace, clarity, and indelible emotional power.

December 5, 2017

Obasan by Joy Kogawa

A powerful and passionate novel, *Obasan* tells, through the eyes of a child, the moving story of Japanese Canadians during the Second World War. Naomi is a sheltered and beloved five-year-old when Pearl Harbor changes her life. Separated from her mother, she watches bewildered as she and her family become enemy aliens, persecuted and despised in their own land.

January 2, 2018

A year By the Sea by Joan Anderson

Life is a work in progress, as ever-changing as a sandy shoreline along the beach. During the years Joan Anderson was a loving wife and supportive mother, she had slowly and unconsciously replaced her own dreams with the needs of her family. With her sons grown, however, she realized that the family no longer centered on the home she provided, and her relationship with her husband had become stagnant.

February 6, 2018

The Storied Life of A. J. Fikry by Gabrielle Zevin

This novel has humor, romance, a touch of suspense, but most of all love--love of books and bookish people and, really, all of humanity in its imperfect glory. Eowyn Ivey, author of "The Snow Child" A. J. Fikry, the irascible owner of Island Books, has recently endured some tough years: his wife has died, his bookstore is experiencing the worst sales in its history, and his prized possession--a rare edition of Poe poems--has been stolen.

March 6, 2018

Still Life with Bread Crumbs by Anna Quindlen

Still Life with Bread Crumbs begins with an imagined gunshot and ends with a new tin roof. Between the two is a wry and knowing portrait of Rebecca Winter, a photographer whose work made her an unlikely heroine for many women. Her career is now descendent, her bank balance shaky, and she has fled the city for the middle of nowhere.

April 3, 2018

The Burgess Boys by Elizabeth Strout

Haunted by the freak accident that killed their father when they were children, Jim and Bob Burgess escaped from their Maine hometown of Shirley Falls for New York City as soon as they possibly could. With a rare combination of brilliant storytelling, exquisite prose, and remarkable insight into character, Elizabeth Strout has brought to life two deeply human protagonists whose struggles and triumphs will resonate with readers long after they turn the final page.

May 1, 2018

The Other Boleyn Girl by Gregory, Philippa

When Mary Boleyn comes to court as an innocent girl of fourteen, she catches the eye of the handsome and charming Henry VIII. Dazzled by the king, Mary falls in love with both her golden prince and her growing role as unofficial queen.