



Listening Perspectives Study Center
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Woman Rising XXI

The Gender Revolution: Expanding the Heroic

October 2014 through May 2015
Instructor: Lawrence E. Hedges, Ph.D, Psy.D., ABPP

Course Description:

The heroic has yet to be expanded to include what women most value—relationships, everyday life, and an appreciation of diversity. How is this expanded vision of the heroic attained, sustained, or lost by the daily choices made in the lives of women *and* men? Cultural and psychological changes in roles, expectations, and relational conflicts are being articulated clearly today by women creative writers. Focusing on a different book each month, we seek to understand the shifting concerns of the gender revolution as it affects us as psychotherapists and in our personal lives. This is an intermediate course.

Learning Goals:

- Learn to identify women's unique psychological experiences from many different perspectives including cultural, familial, relational, temporal, sexual, physical, spiritual, and creative.
- Learn how culture shapes who we are as individuals and what obstacles, inspirations, and challenges reside within our cultural experience.
- Learn from the deep wellsprings of creative women how relationships shape the psyche of women and help give expression to who they are becoming and what they desire.
- Learn how relational issues defined by creative writers can be used to enrich the psychotherapy experience.

Meet the first Tuesdays of each month 10:30 a.m. to 12:00 p.m. beginning October 7, 2014. Tuition for the year (12 hours of continuing education credit) is \$375 to be paid in 3 installments of \$125.

Early Bird fee of \$325 due by September 1, 2014

The Listening Perspectives Study Center is approved to provide Continuing Education Credits for Psychologists, Marriage and Family Therapists, Social Workers, and Nurses. The exact number of credits awarded is equal to the number of contact hours for each event and is specified on the Syllabus and the Registration Form.

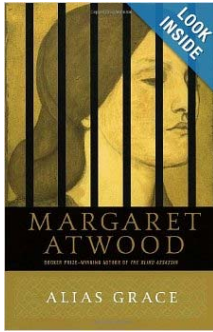
Marriage and Family Therapists and Social Workers Provider Number: PCE348.

California Board of Registered Nursing Provider Number: CEP12038

The Listening Perspective Study Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The Listening Perspectives Study Center maintains responsibility for the program and its content.

OCTOBER 2014

Margaret Atwood- *Alias Grace*

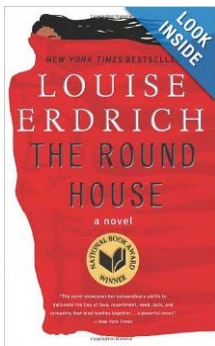


In *Alias Grace*, bestselling author Margaret Atwood has written her most captivating, disturbing, and ultimately satisfying work since *The Handmaid's Tale*. She takes us back in time and into the life of one of the most enigmatic and notorious women of the nineteenth century.

Grace Marks has been convicted for her involvement in the vicious murders of her employer, Thomas Kinnear, and Nancy Montgomery, his housekeeper and mistress. Some believe Grace is innocent; others think her evil or insane. Now serving a life sentence, Grace claims to have no memory of the murders.

NOVEMBER 2014

Erdrich, Louise- *The Round House*

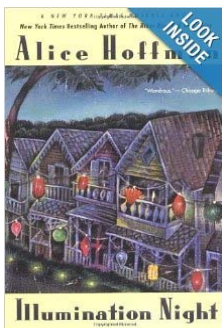


The Round House won the National Book Award for fiction.

One of the most revered novelists of our time—a brilliant chronicler of Native-American life—Louise Erdrich returns to the territory of her bestselling, Pulitzer Prize finalist *The Plague of Doves* with *The Round House*, transporting readers to the Ojibwe reservation in North Dakota. It is an exquisitely told story of a boy on the cusp of manhood who seeks justice and understanding in the wake of a terrible crime that upends and forever transforms his family.

DECEMBER 2014

Hoffman, Alice-*Illumination Night*

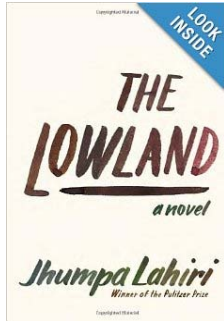


Beginning on the night of the Grand Illumination, a festival of lanterns held each summer on Martha's Vineyard, this novel is a modern chronicle of a marriage and a bittersweet exploration of an extraordinary passion.

Illumination Night follows the lives of a young blond giant who is as beautiful as he is frightening; an old woman at the end of her life whose last mission is to save her granddaughter's soul; a family torn apart by a wife's fears and a husband's unrealized desires—and the high school girl who comes to Martha's Vineyard against her will, who steals husbands and cars, and who will bring everyone together in a web of yearning, sin, and ultimate redemption. Both riveting and reflective, this is a story of “parenthood and friendship, self-protection and generosity, dream and disillusionment” (**Newsday**) that brings to light the talent that has made Alice Hoffman an acclaimed bestselling author.

JANUARY 2015

Lahiri, Jhumpa- *The Lowland*



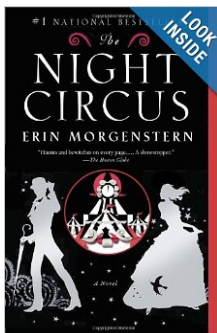
From the Pulitzer Prize-winning, best-selling author of *The Namesake* comes an extraordinary new novel, set in both India and America, that expands the scope and range of one of our most dazzling storytellers: a tale of two brothers bound by tragedy, a fiercely brilliant woman haunted by her past, a country torn by revolution, and a love that lasts long past death.

Born just fifteen months apart, Subhash and Udayan Mitra are inseparable brothers, one often mistaken for the other in the Calcutta neighborhood where they grow up. But they are also opposites, with gravely different futures ahead. It is the 1960s, and Udayan—charismatic and impulsive—finds himself drawn to the Naxalite movement, a rebellion waged to eradicate inequity and poverty; he will give everything, risk all, for what he believes. Subhash, the dutiful son, does not share his brother's political passion; he leaves home to pursue a life of scientific research in a quiet, coastal corner of America.

But when Subhash learns what happened to his brother in the lowland outside their family's home, he goes back to India, hoping to pick up the pieces of a shattered family, and to heal the wounds Udayan left behind—including those seared in the heart of his brother's wife.

FEBRUARY 2015

Morgenstern, Erin-*Night Circus*

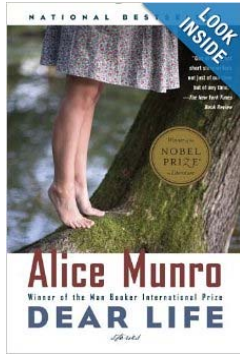


The circus arrives without warning. No announcements precede it. It is simply there, when yesterday it was not. Within the black-and-white striped canvas tents is an utterly unique experience full of breathtaking amazements. It is called *Le Cirque des Rêves*, and it is only open at night.

But behind the scenes, a fierce competition is underway: a duel between two young magicians, Celia and Marco, who have been trained since childhood expressly for this purpose by their mercurial instructors. Unbeknownst to them both, this is a game in which only one can be left standing. Despite the high stakes, Celia and Marco soon tumble headfirst into love, setting off a domino effect of dangerous consequences, and leaving the lives of everyone, from the performers to the patrons, hanging in the balance.

March 2015

Munro, Alice- *Dear Life*



WINNER OF THE NOBEL PRIZE® IN LITERATURE 2013

A *New York Times* Notable Book

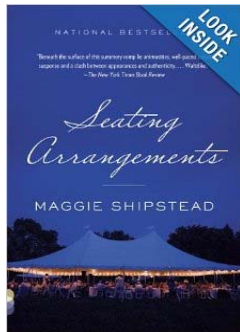
A *Washington Post* Notable Work of Fiction

A Best Book of the Year: *The Atlantic*, NPR, *San Francisco Chronicle*, *Vogue*, *AV Club*

In story after story in this brilliant new collection, Alice Munro pinpoints the moment a person is forever altered by a chance encounter, an action not taken, or a simple twist of fate. Her characters are flawed and fully human: a soldier returning from war and avoiding his fiancée, a wealthy woman deciding whether to confront a blackmailer, an adulterous mother and her neglected children, a guilt-ridden father, a young teacher jilted by her employer. Illuminated by Munro's unflinching insight, these lives draw us in with their quiet depth and surprise us with unexpected turns. And while most are set in her signature territory around Lake Huron, some strike even closer to home: an astonishing suite of four autobiographical tales offers an unprecedented glimpse into Munro's own childhood. Exalted by her clarity of vision and her unparalleled gift for storytelling, *Dear Life* shows how strange, perilous, and extraordinary ordinary life can be.

April 2015

Shipstead, Maggie- *Seating Arrangements*

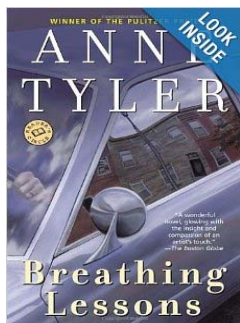


A *San Francisco Chronicle* and *Daily Candy* Best Book of the Year
Winner of the *Los Angeles Times* Book Prize for First Fiction
Winner of the Dylan Thomas Prize

The Van Meters have gathered at their family retreat on the island of Waskeke to celebrate the marriage of daughter Daphne to the impeccably appropriate Greyson Duff. The weekend is full of champagne, salt air and practiced bonhomie, but long-buried discontent and simmering lust stir beneath the surface.

May 2015

Tyler, Anne-*Breathing Lessons*



Maggie and Ira Moran have been married for twenty-eight years—and it shows: in their quarrels, in their routines, in their ability to tolerate with affection each other's eccentricities. Maggie, a kooky, lovable meddler and an irrepressible optimist, wants nothing more than to fix her son's broken marriage. Ira is infuriatingly practical, a man "who should have married Ann Landers." And what begins as a day trip to a funeral becomes an adventure in the unexpected. As Maggie and Ira navigate the riotous twists and turns, they intersect with an assorted cast of eccentrics—and rediscover the magic of the road called life and the joy of having somebody next to you to share the ride . . . bumps and all.