



Listening Perspectives Study Center
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Woman Rising XXII
The Gender Revolution: Expanding the Heroic
October 2015 through May 2016
Instructor: Lawrence E. Hedges, Ph.D, Psy.D., ABPP

Course Description:

The heroic has yet to be expanded to include what women most value—relationships, everyday life, and an appreciation of diversity. How is this expanded vision of the heroic attained, sustained, or lost by the daily choices made in the lives of women *and* men? Cultural and psychological changes in roles, expectations, and relational conflicts are being articulated clearly today by women creative writers. Focusing on a different book each month, we seek to understand the shifting concerns of the gender revolution as it affects us as psychotherapists and in our personal lives. This is an intermediate course.

Learning Goals: At the end of this course participants will be able:

- To identify women's unique psychological experiences from many different perspectives including cultural, familial, relational, temporal, sexual, physical, spiritual, and creative.
- To define how culture shapes who we are as individuals and what obstacles, inspirations, and challenges reside within our cultural experience.
- To state how relationships shape the psyche of women and help give expression to who they are becoming and what they desire.
- To specify how relational issues defined by creative writers can be used to enrich the psychotherapy experience.

Meet the first Tuesdays of each month 10:30 a.m. to 12:00 p.m. beginning October 6, 2015. Tuition for the year (12 hours of continuing education credit) is \$375 to be paid in 3 installments of \$125.

Early Bird fee of \$325 due by September 1, 2015

The Listening Perspectives Study Center is approved to provide Continuing Education Credits for Psychologists, Marriage and Family Therapists, Social Workers, and Nurses. The exact number of credits awarded is equal to the number of contact hours for each event and is specified on the Syllabus.

The Listening Perspective Study Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The Listening Perspectives Study Center maintains responsibility for the program and its content.

The California Board of Behavior Science recognizes Continuing Education Credits awarded by providers approved by the American Psychological Association to Marriage & Family Therapists and Licensed Clinical Social Workers

California Board of Registered Nursing Provider Number: CEP12038