

Listening Perspectives Study Center
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Woman Rising XXV
The Gender Revolution: Expanding the Heroic
October 2018 through May 2019
Instructor: Lawrence E. Hedges, Ph.D, Psy.D., ABPP

Course Description:

The heroic has yet to be expanded to include what women most value—relationships, everyday life, and an appreciation of diversity. How is this expanded vision of the heroic attained, sustained, or lost by the daily choices made in the lives of women *and* men? Cultural and psychological changes in roles, expectations, and relational conflicts are being articulated clearly today by women creative writers. Focusing on a different book each month, we seek to understand the shifting concerns of the gender revolution as it affects us as psychotherapists and in our personal lives. This is an intermediate course.

Learning Goals: At the end of this course participants will be able:

- To identify women's unique psychological experiences from many different perspectives including cultural, familial, relational, temporal, sexual, physical, spiritual, and creative.
- To define how culture shapes who we are as individuals and what obstacles, inspirations, and challenges reside within our cultural experience.
- To state how relationships shape the psyche of women and help give expression to who they are becoming and what they desire.
- To specify how relational issues defined by creative writers can be used to enrich the psychotherapy experience.

Meet the first Tuesdays of each month 10:30 a.m. to 12:00 p.m. beginning October 2, 2018. Tuition for the year (12 hours of continuing education credit) is \$375 to be paid in 3 installments of \$125.

Early Bird fee of \$325 due by September 1, 2018

The Listening Perspectives Study Center is approved to provide Continuing Education Credits for Psychologists, Marriage and Family Therapists, Social Workers, and Nurses. The exact number of credits awarded is equal to the number of contact hours for each event and is specified on the Syllabus.

The Listening Perspective Study Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The Listening Perspectives Study Center maintains responsibility for the program and its content.

The California Board of Behavior Science recognizes Continuing Education Credits awarded by providers approved by the American Psychological Association to Marriage & Family Therapists and Licensed Clinical Social Workers

California Board of Registered Nursing Provider Number: CEP12038

October 2, 2018

BELL JAR BY SYLVIA PLATH

The Bell Jar is a classic of American literature, with over two million copies sold in this country. This extraordinary work chronicles the crackup of Esther Greenwood: brilliant, beautiful, enormously talented, successful -- but slowly going under, and maybe for the last time. Step by careful step, Sylvia Plath takes us with Esther through a painful month in New York as a contest-winning junior editor on a magazine, her increasingly strained relationships with her mother and the boy she dated in college, and eventually, devastatingly, into the madness itself.

November 6, 2018

RETURN TO SENDER BY JULIA ALVAREZ

After Tyler's father is injured in a tractor accident, his family is forced to hire migrant Mexican workers to help save their Vermont farm from foreclosure. Tyler isn't sure what to make of these workers. Are they undocumented? And what about the three daughters, particularly Mari, the oldest, who is proud of her Mexican heritage but also increasingly connected to her American life. Her family lives in constant fear of being discovered by the authorities and sent back to the poverty they left behind in Mexico. Can Tyler and Mari find a way to be friends despite their differences?

December 4, 2018

THE IMPROBABILITY OF LOVE BY HANNAH ROTHSCHILD

Annie McDee, thirty-one, lives in a shabby London flat, works as a chef, and is struggling to get by. Reeling from a sudden breakup, she's taken on an unsuitable new lover and finds herself rummaging through a secondhand shop to buy him a birthday gift. A dusty, anonymous old painting catches her eye. After spending her meager savings on the artwork, Annie prepares an exquisite birthday dinner for two—only to be stood up.

January 1, 2019

THE PULL OF THE MOON BY ELIZABETH BERG

Dear Martin, I'm sorry the note I left you was so abrupt. I just wanted you to know I was safe...I won't be back for a while. I'm on a trip. I needed all of a sudden to go, without saying where, because I don't know where. I know this is not like me. I know that. But please believe me, I am safe and I am not crazy. I felt as though if I didn't do this I wouldn't be safe and I would be crazy...And can you believe this? I love you. - Nan.

February 5, 2019

SMALL GREAT THINGS BY JODI PICOULT

Ruth Jefferson is a labor and delivery nurse at a Connecticut hospital with more than twenty years' experience. During her shift, Ruth begins a routine checkup on a newborn, only to be told a few minutes later that she's been reassigned to another patient. The parents are white supremacists and don't want Ruth, who is African American, to touch their child. The hospital complies with their request, but the next day, the baby goes into cardiac distress while Ruth is alone in the nursery. Does she obey orders or does she intervene?

March 5, 2019

FOREST DARK BY NICOLE KRAUSS

Jules Epstein, a man whose drive, avidity, and outsized personality have, for sixty-eight years, been a force to be reckoned with, is undergoing a metamorphosis. In the wake of his parents' deaths, his divorce from his wife of more than thirty years, and his retirement from the New York legal firm where he was a partner, he's felt an irresistible need to give away his possessions, alarming his children and perplexing the executor of his estate. With the last of his wealth, he travels to Israel, with a nebulous plan to do something to honor his parents. In Tel Aviv, he is sidetracked by a charismatic American rabbi planning a reunion for the descendants of King David who insists that Epstein is part of that storied dynastic line. He also meets the rabbi's beautiful daughter who convinces Epstein to become involved in her own project—a film about the life of David being shot in the desert—with life-changing consequences.

April 2, 2019

ISHI IN TWO WORLDS BY THEODORA KROEBER

The life story of Ishi, the last Yahi Indian, lone survivor of an exterminated tribe, is unique in the annals of North American anthropology. For more than forty years, Theodora Kroeber's biography has captivated readers. Now recent advances in technology make it possible to return to print the 1976 deluxe edition, filled with plates and historic photographs that enhance Ishi's story and bring it to life.

May 7, 2019

THE SISTER WEISS BY NAOMI RAGEN

In 1950's Brooklyn, sisters Rose and Pearl Weiss grow up in a loving but strict ultra-Orthodox family, never dreaming of defying their parents or their community's unbending and intrusive demands. Then, a chance meeting with a young French immigrant turns Rose's world upside down, its once bearable strictures suddenly tightening like a noose around her neck. In rebellion, she begins to live a secret life — a life that shocks her parents when it is discovered. With nowhere else to turn, and an overwhelming desire to be reconciled with those she loves, Rose tries to bow to her parents' demands that she agree to an arranged marriage.