Relational Psychotherapy XVIII
The Interpersonal/Intersubjective/Relational Dimension of Psychotherapy

Instructor: Lawrence E. Hedges, Ph.D., Psy.D., ABPP

8-month Advanced Reading and Discussion Seminar
Offered as Eight 90-minute Sessions—1.5 Hours of CE Credit Each
From October 2018 through May 2019

Tuition for the year (includes up to 12 hours of continuing education credit) is $375 to be paid in 3 installments of $125. Early Bird fee of $325 due by September 1, 2018

Four Sections Meeting Monthly

Third Mondays 11:45-1:15
Third Tuesdays 10:30-12:00
Third Wednesdays 10:30-12:00
Third Thursdays 11:00-12:30

Overall Course Description:
A recent task force of the Psychotherapy Division (29) of the American Psychological Association has reviewed thousands of empirical studies and revealed that the single most consistently important factor determining the overall outcome of all psychotherapies is the relationship between the therapist and client.

All schools of psychotherapy have been profoundly influenced by the Interpersonal/Intersubjective/Relational movement of the last two decades. Essays from ten of the top Interpersonal/Relational therapists and clinicians will provide the focus for reading and group discussion.


Further Developments in Interpersonal Psychoanalysis, 1980s-2010s is the second collection of selected classic articles of the modern era by psychoanalysts identified with the interpersonal perspective. The first, The Interpersonal Perspective in Psychoanalysis, 1960s-1990s presented articles by second and third generation interpersonalists. This book contains those written by the third and fourth generation of interpersonal psychoanalysts.

About the Instructor

LAWRENCE E. HEDGES, Ph.D., Psy.D., ABPP is a psychologist-psychoanalyst in private practice in Orange, California, specializing in the training of psychotherapists and psychoanalysts. He is director of the Listening Perspectives Study Center and the founding director of the Newport Psychoanalytic Institute in Tustin, California where he is a supervising and training psychoanalyst. He has been awarded honorary membership in the American Psychoanalytic Association. Dr. Hedges is author of numerous papers and books including Cross-cultural Encounters: Bridging Worlds of Difference (2013), Listening Perspectives in Psychotherapy (1983 & 2003), Interpreting the Countertransference (1992), Strategic Emotional Involvement (1996), and Facing the Challenge of Liability in Psychotherapy: Practicing Defensively (2000 & 2007). To learn more about Dr. Hedges and his work, go to www.listeningperspectives.com
Session 1—1.5 Hours of CE Credit
Date: October 2018
  Donnel B. Stern (2018) Introduction
  Roberta Held-Weiss (1985). In praise of actuality
Learning Objectives: At the conclusion of the session participants will be able to:
   State three characteristics of the Interpersonal/relational approach to psychoanalysis
   List three significant contributors to the Interpersonal/Relational approach to psychoanalysis
   State three reasons why the realistic aspects of the psychotherapy relationship are valued over the inferred internalized aspects

Session 2—1.5 Hours of CE Credit
Date: November 2018
Readings: Chapters 2 & 3 (Prologues 2018)
  Jay R. Greenberg (1986). Theoretical models and the analyst’s neutrality
Learning Objectives: At the conclusion of the session participants will be able to:
   State Greenberg’s three theoretical models of neutrality
   Define neutrality according to the Interpersonal/Relational model of psychoanalysis
   List 4 of Mitchell’s perspectives on the self

Session 3—1.5 Hours of CE Credit
Date: December 2018
Chapter 4 & 5 (Prologues 2018)
  Edgar A. Levenson (1993). Shoot the messenger—Interpersonal aspects of the analyst’s interpretations
  Irwin Hirsch (1996). Observing-participation, mutual enactment, and the new classical models
Learning Objectives: At the conclusion of the session participants will be able to:
   State Levenson’s argument that the messenger is the message in psychotherapy
   Define Hirsch’s concept of “observing-participation”
   Explain what is meant by “mutual enactment”

Session 4—1.5 hours of CE Credit
Date: January 2019
Chapter 6 & 7 (Prologues 2018)
  Sandra Buechler (1999). Searching for a passionate neutrality
  Kathleen Pogue White (2002). Surviving hating and being hated: Some personal thoughts about racism from a psychoanalytic perspective
Learning Objectives: At the conclusion of the session participants will be able to:
   State the contrast between the traditional conceptions of neutrality and Buechler’s “passionate neutrality”
   List three ways that White experienced humiliation as a child for being black
   State why understanding the subtleties of covert racism is so important in the transference-countertransference exchange
Session 5—1.5 Hours of CE Credit  
Date: February 2019  
Chapter 8 & 9 (Prologues 2018)  
Mark J. Blechner (2005). The gay Harry Stack Sullivan: Interactions between his life, clinical work, and theory  
Learning Objectives: At the conclusion of the session participants will be able to:  
- State three ways that Sullivan’s gay identity influenced his clinical work and theory  
- Define what Fiscalini means “coparticipant inquiry”  
- State three ways that analysis is a personal encounter not simply a professional engagement

Session 6—1.5 Hours of CE Credit  
Date: March 2019  
Chapter 10 & 11 (Prologues 2018)  
Christopher Bonovitz (2009). Looking back, looking forward: A reexamination of Benjamin Wolstein’s interlock and the emergence of intersubjectivity  
Emily A. Kuriloff (2010). The Holocaust and psychoanalytic theory and practice  
Learning Objectives: At the conclusion of the session participants will be able to:  
- Define Wolstein’s concept of “interlock”  
- State three influences Wolstein attributes to the emergence of intersubjectivity  
- State three ways Kuriloff believes the holocaust has influenced psychoanalytic theory and practice

Session 7—1.5 Hours of CE Credit  
Date: April 2019  
Chapter 12 (Prologue 2018)  
Philip M. Bromberg (2012). Stumbling along and hanging in: If this be technique, make the most of it!  
Learning Objectives: At the conclusion of the session participants will be able to:  
- Explain what Bromberg means by “stumbling along and hanging in”  
- State Bromberg’s concept of mutual enactment  
- Discuss Bromberg’s notion of “the infinity of the unsaid”

Session 8—1.5 Hours of CE Credit  
Date: May 2019  
Chapters 13 (Prologue by Hirsch 2018)  
Donnel B. Stern (2012). Witnessing across time: Accessing the present from the past and the past from the present  
Learning Objectives: At the conclusion of the session participants will be able to:  
- Name two types of witnessing  
- Explain what it means “to access present from the past and the past from the present”  
- Discuss Stern’s development of “the infinity of the unsaid”