

# Relational Psychotherapy XVIII

## The Interpersonal/Intersubjective/Relational Dimension of Psychotherapy

Instructor: Lawrence E. Hedges, Ph.D., Psy.D., ABPP

8-month Advanced Reading and Discussion Seminar  
Offered as Eight 90-minute Sessions—1.5 Hours of CE Credit Each  
From October 2018 through May 2019

Tuition for the year (includes up to 12 hours of continuing education credit) is \$375 to be paid in 3 installments of \$125. **Early Bird fee of \$325 due by September 1, 2018**

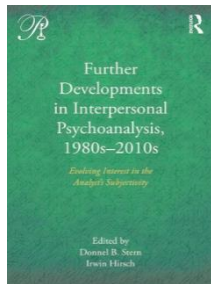
### Four Sections Meeting Monthly

Third Mondays	11:45-1:15
Third Tuesdays	10:30-12:00
Third Wednesdays	10:30-12:00
Third Thursdays	11:00-12:30

### Overall Course Description:

A recent task force of the Psychotherapy Division (29) of the American Psychological Association has reviewed thousands of empirical studies and revealed that the single most consistently important factor *determining the overall outcome of all psychotherapies is the relationship between the therapist and client.*

All schools of psychotherapy have been profoundly influenced by the Interpersonal/Intersubjective/Relational movement of the last two decades. Essays from ten of the top Interpersonal/Relational therapists and clinicians will provide the focus for reading and group discussion.



**Text: *Further Developments in Interpersonal Psychoanalysis, 1980s–2010s Evolving Interest in the Analyst’s Subjectivity* Edited by Donnel B. Stern and Irwin Hirsch, 2018.**

*Further Developments in Interpersonal Psychoanalysis, 1980s-2010s* is the second collection of selected classic articles of the modern era by psychoanalysts identified with the interpersonal perspective. The first, *The Interpersonal Perspective in Psychoanalysis, 1960s-1990s* presented articles by second and third generation interpersonalists. This book contains those written by the third and fourth generation of interpersonal psychoanalysts.

### About the Instructor

**LAWRENCE E. HEDGES, Ph.D., Psy.D., ABPP** is a psychologist-psychoanalyst in private practice in Orange, California, specializing in the training of psychotherapists and psychoanalysts. He is director of the Listening Perspectives Study Center and the founding director of the Newport Psychoanalytic Institute in Tustin, California where he is a supervising and training psychoanalyst. He has been awarded honorary membership in the American Psychoanalytic Association. Dr. Hedges is author of numerous papers and books including *Cross-cultural Encounters: Bridging Worlds of Difference* (2013), *Listening Perspectives in Psychotherapy* (1983 & 2003), *Interpreting the Countertransference* (1992), *Strategic Emotional Involvement* (1996), and *Facing the Challenge of Liability in Psychotherapy: Practicing Defensively* (2000 & 2007). To learn more about Dr. Hedges and his work, go to

[www.listeningperspectives.com](http://www.listeningperspectives.com)



**Listening Perspectives Study Center**  
1439 East Chapman Avenue,  
Orange, CA 92866  
Phone/Fax (714) 633-3933  
[www.ListeningPerspectives.com](http://www.ListeningPerspectives.com)

### **Syllabus: 90-Minute Session Dates and Reading Assignments**

#### **Session 1—1.5 Hours of CE Credit**

**Date:** October 2018

**Readings:** Introduction (2018) & Chapter 1 (Prologue 2018)

**Donnel B. Stern** (2018) Introduction

**Roberta Held-Weiss** (1985). In praise of actuality

**Learning Objectives:** At the conclusion of the session participants will be able to:

- State three characteristics of the Interpersonal/relational approach to psychoanalysis
- List three significant contributors to the Interpersonal/Relational approach to psychoanalysis
- State three reasons why the realistic aspects of the psychotherapy relationship are valued over the inferred internalized aspects

#### **Session 2—1.5 Hours of CE Credit**

**Date:** November 2018

**Readings: Chapters 2 & 3 (Prologues 2018)**

**Jay R. Greenberg** (1986). Theoretical models and the analyst's neutrality

**Stephen A. Mitchell** (1991). Contemporary perspectives on self: Toward an integration

**Learning Objectives:** At the conclusion of the session participants will be able to:

- State Greenberg's three theoretical models of neutrality
- Define neutrality according to the Interpersonal/Relational model of psychoanalysis
- List 4 of Mitchell's perspectives on the self

#### **Session 3—1.5 Hours of CE Credit**

**Date:** December 2018

**Chapter 4 & 5 (Prologues 2018)**

**Edgar A. Levenson** (1993). Shoot the messenger—Interpersonal aspects of the analyst's interpretations

**Irwin Hirsch** (1996). Observing-participation, mutual enactment, and the new classical models

**Learning Objectives:** At the conclusion of the session participants will be able to:

- State Levenson's argument that the messenger is the message in psychotherapy
- Define Hirsch's concept of "observing-participation"
- Explain what is meant by "mutual enactment"

#### **Session 4—1.5 hours of CE Credit**

**Date:** January 2019

**Chapter 6 & 7 (Prologues 2018)**

**Sandra Buechler** (1999). Searching for a passionate neutrality

**Kathleen Pogue White** (2002). Surviving hating and being hated: Some personal thoughts about racism from a psychoanalytic perspective

**Learning Objectives:** At the conclusion of the session participants will be able to:

- State the contrast between the traditional conceptions of neutrality and Buechler's "passionate neutrality"
- List three ways that White experienced humiliation as a child for being black
- State why understanding the subtleties of covert racism is so important in the transference-countertransference exchange

### **Session 5—1.5 Hours of CE Credit**

**Date:** February 2019

#### **Chapter 8 & 9 (Prologues 2018)**

**Mark J. Blechner (2005).** The gay Harry Stack Sullivan: Interactions between his life, clinical work, and theory

**John Fiscalini (2006).** Coparticipant inquiry: Analysis as personal encounter

**Learning Objectives:** At the conclusion of the session participants will be able to:

- State three ways that Sullivan’s gay identity influenced his clinical work and theory
- Define what Fiscalini means “coparticipant inquiry”
- State three ways that analysis is a personal encounter not simply a professional engagement

### **Session 6—1.5 Hours of CE Credit**

**Date:** March 2019

#### **Chapter 10 & 11 (Prologues 2018)**

**Christopher Bonovitz (2009).** Looking back, looking forward: A reexamination of Benjamin Wolstein’s interlock and the emergence of intersubjectivity

**Emily A. Kuriloff (2010).** The Holocaust and psychoanalytic theory and praxis

**Learning Objectives:** At the conclusion of the session participants will be able to:

- Define Wolstein’s concept of “interlock”
- State three influences Wolstein attributes to the emergence of intersubjectivity
- State three ways Kuriloff believes the holocaust has influenced psychoanalytic theory and practice

### **Session 7—1.5 Hours of CE Credit**

**Date:** April 2019

#### **Chapter 12 (Prologue 2018)**

**Philip M. Bromberg (2012).** Stumbling along and hanging in: If this be technique, make the most of it!

**Learning Objectives:** At the conclusion of the session participants will be able to:

- Explain what Bromberg means by “stumbling along and hanging in”
- State Bromberg’s concept of mutual enactment
- Discuss Bromberg’s notion of “the infinity of the unsaid”

### **Session 8—1.5 Hours of CE Credit**

**Date:** May 2019

#### **Chapters 13 (Prologue by Hirsch 2018)**

**Donnel B. Stern (2012).** Witnessing across time: Accessing the present from the past and the past from the present

**Learning Objectives:** At the conclusion of the session participants will be able to:

- Name two types of witnessing
- Explain what it means “to access present from the past and the past from the present”
- Discuss Stern’s development of “the infinity of the unsaid”

The Listening Perspectives Study Center is approved to provide Continuing Education Credits for Psychologists, Marriage and Family Therapists, Social Workers, and Nurses. The exact number of credits awarded is equal to the number of contact hours for each event and is specified on the Syllabus.

The Listening Perspective Study Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The Listening Perspectives Study Center maintains responsibility for this program and its content.

The California Board of Behavior Science recognizes Continuing Education Credits awarded by providers approved by this American Psychological Association to Marriage & Family Therapists and Licensed Clinical Social Workers California Board of Registered Nursing Provider Number: CEP12038