



Listening Perspectives Study Center
1439 East Chapman Avenue,
Orange, CA 92866
Phone/Fax (714) 633-3933
www.ListeningPerspectives.com

Identifying and Treating Early Relational Habits

Instructor: Lawrence E. Hedges, Ph.D., Psy.D., ABPP

Tuition for the year (For up to 15 hours of continuing education credit) is \$425 to be paid in 3 installments. Early Bird fee of \$375 due by September 1, 2020

Section 1 Third Mondays	11:45-1:15	Section 2 Third Tuesdays	10:30-12:00
Section 3 Third Wednesdays	10:30-12:00	Section 4 Third Thursdays	11:00-12:30
Section 5 Third Thursdays	9:00-10:30		

NOTE: SINCE SOCIAL DISTANCING IS WITH US FOR THE FORSEEABLE FUTURE ALL CLASSES WILL BE VIRTUAL ON ZOOM AND LIMITED TO 10 PARTICIPANTS

Each participant must enroll for the entire course sequence whether she or he can attend all sessions or not.

Course Description:

This 10 month reading class reviews a massive clinical research project extending nearly 50 years and involving well over 400 psychotherapists participating in clinical case conferences and theoretical discussions at the Newport Psychoanalytic Institute and The Listening Perspectives Study Center in Southern California. The study, led by Lawrence Hedges, has produced 22 peer reviewed books and numerous articles (see website of ListeningPerspectives.com).

Books published in the last five years detail the contributions of previous studies.

The foundations of this course begin with a survey of 100 years of Psychoanalytic research and continue through the formation of Listening Perspectives based on the self and other intersubjective relatedness dimension.

Following are studies in countertransference and listening techniques for dealing with early developmental relational habits or states. Short illustrative vignettes as well as in-depth long-term case studies are presented to guide participants into understanding the theory and technique involved in transference and countertransference analysis with early developmental relational habits or templates.

Learning Goals: At the conclusion of this course participants will be able to:

- Explain why the Relational Listening approach is fundamentally cross-cultural and can be utilized in any psychotherapeutic orientation.
- State the four relational listening perspectives and the relatedness dimension which each seeks to define.
- Define "role-reversal" countertransference in the characterological personality organizations.
- List four kinds of countertransference experience to the organizing (psychotic) experience.
- State three important features of the transference psychosis in the Sandy case.
- State which developmental habits the "organizing experience" entails.
- Explain what a "symbiotic scenario" involves.
- State four reasons why it is difficult to "make love last".
- Explain why it is important to understand "the clamor" in analyzing "organizing" level transference.
- States three reasons why you feel the Relational Listening approach is valuable or not.

Texts: over the 10 months approximately 100 pages of reading will be required each month. The readings involve excerpts from 12 of the published books in this research project. The monthly readings have been collected and are available electronically as: Hedges: A Retrospective. They are in a word format.

Continuing Education Certificates and Credits

This course meets the qualifications for 15 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The Listening Perspectives Study Center is approved by the California

Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs. The Listening Perspectives Study Center maintains responsibility for this program/course and its content.

CAMFT Approved Provider# 25946

About The Listening Perspectives Study Center

The Listening Perspectives Study Center is an equal opportunity CE provider committed to principles equality and of social justice. Information regarding registration, fees, refunds, attendance policies, credits, instructors qualifications, ethics, grievances, and conflicts of interest are spelled out on our website, Listeningperspectives.com

There are no commercial interests or conflicts of interest involved in this Continuing Education class. Full attendance and completed course evaluation are required for Continuing Education credit for class. The knowledge and usefulness of the material presented in this class is based upon research and is limited to the contexts discussed. No experimental or dangerous procedures are part of this class.

The Listening Perspectives Study Center is committed to ensuring that our programs are accessible to participants with disabilities. Contact the center with your request and every effort will be made to accommodate you.

October 2020 Session 1, VOL I

Relational Listening: a Handbook—109 pages
Also available on freepsychotherapybooks.org free download or paperback \$19 from Amazon

November 2020, Session 2, VOL I

Selections from *Listening Perspectives in Psychotherapy*: pp ix-25,43-46, 66-69,135-140, 260-260. and from *Interpreting the Countertransference*: pp ix-48, 385-411

December 2020, Session 3, VOL II

Selections from *Strategic Emotional Involvement* : pp xii-7,127-139,157-196, 285-312

January 2021, Session 4, VOL II

Selections from *In Search of the Lost Mother of Childhood*, pp xi-35 and 283-338 Optional Case: Playing Peek-a-boo with Sunglasses, pages 75-110

February 2021, Session 5, VOL II

Selections from *Working the Organizing Experience*, pp xv to 22, 131-143, 209-259, 269-277 and Selections from *Remembering, Repeating, and Working Through Childhood Trauma*: pp xi-269

March 2021, Session 6, VOL III

Selections from *Terrifying Transferences*, pp xi-42 and 315-377 Optional case: Terrified by Disconnecting Rage, pages 233-270

April 2021, Session 7, VOL III

Facing Our Cumulative Traumas—122 pages
Also available on freepsychotherapybooks.org free download or paperback \$19 from Amazon, and Selections from *Sex in Psychotherapy*, pp xiii-44 and 133-170

May 2012, Session 8, VOL IV

Relational Interventions Part 1: Parts I and II, pages 1-99
Also available on freepsychotherapybooks.org free download or paperback \$19 from Amazon

June 2012, Session 9, VOL IV

Relational Interventions Part 2: Parts III and IV, pages 99-162
Also available on freepsychotherapybooks.org free download or paperback \$19 from Amazon

July 2012, Session 10, VOL IV

Making Love Last-109 pages
Also available on freepsychotherapybooks.org free download or paperback \$19 from Amazon

For more information and registration call (714) 633-3933