

**Listening Perspectives Study Center**  
1439 East Chapman Avenue,  
Orange, CA 92866  
Phone/Fax (714) 633-3933  
[www.ListeningPerspectives.com](http://www.ListeningPerspectives.com)

## **Woman Rising XXVII**

### **The Gender Revolution: Expanding the Heroic**

**Instructor: Lawrence E. Hedges, Ph.D, Psy.D., ABPP**

**An Eight Month Advanced Reading and Discussion Course**  
**Offered as Eight 90-minute Sessions—1.5 Hours CE Credit Each**

**NOTE: SINCE SOCIAL DISTANCING IS WITH US FOR THE FORSEEABLE FUTURE ALL CLASSES WILL BE VIRTUAL ON ZOOM AND LIMITED TO 10 PARTICIPANTS**

**Meets the first Tuesday of each month 10:30 a.m. to 12:00 p.m.** beginning October 1, 2019. Tuition for the year (includes up to 12 hours of continuing education credit) is \$425 to be paid in 3 installments. **Early Bird fee of \$375 due by September 1, 2020.**

#### **Overall Description of the Course Sequence**

##### **Woman Rising: The Search for the Heroic in Modern Women**

Since Freud's riveting essays on Gradiva, Michael Angelo, Dostoyevsky and other works of creative genius Psychoanalytic Psychologists have steadily expanded their awareness that deeply creative works of art tend to lead cultural development by several generations. For twenty-five years this course sequence has featured the reading and discussion of one fiction or nonfiction work by a noted woman literary artist each month with stunning results for deepening our awareness of the many directions the gender revolution is taking us and how we as therapists can be increasingly sensitive to the many cutting edge psychological subtleties being experienced by the women and men who come to us to further their personal development. Of particular thematic importance in this year's sequence of books is how individual heroic women each in her own unique life circumstances reaches beyond simply allowing herself to feel marginalized or victimized, beyond the "me too" cry, to search out courageous and creative solutions to the challenging situations facing them as women and human beings today.

#### **Learning Goals: At the conclusion of this course participants will be able to:**

1. List four psychological issues in women's retirement planning..
2. Discuss Lydia's various traumas in being forced to migrate.
3. Name three aspects of Kya's coming of age as a sexual woman.
4. State three ways the Packhorse women refuse to be cowed by men or by convention.
5. Describe Josie's conflicts around social justice as she considers being state's best witness.
6. How does Allende consider hope, exile, and belonging in the lives of Roser and Victor as they struggle to survive.
7. Discuss tribalism and distrust as Antonia experiences them in her conflicts with illegal immigrants and local need.
8. State how Strout prepares us "to bear the burden of the mystery with as much grace as we can"?

**Continuing Education Certificates and Credits**

This course meets the qualifications for 12 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The Listening Perspectives Study Center is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs. The Listening Perspectives Study Center maintains responsibility for this program/course and its content.

CAMFT Approved Provider# 25946

**About The Listening Perspectives Study Center**

The Listening Perspectives Study Center is an equal opportunity CE provider committed to principles equality and of social justice. Information regarding registration, fees, refunds, attendance policies, credits, instructors qualifications, ethics, grievances, and conflicts of interest are spelled out on our website, [Listeningperspectives.com](http://Listeningperspectives.com)

There are no commercial interests or conflicts of interest involved in this Continuing Education class. Full attendance and completed course evaluation are required for Continuing Education credit for class. The knowledge and usefulness of the material presented in this class is based upon research and is limited to the contexts discussed. No experimental or dangerous procedures are part of this class.

The Listening Perspectives Study Center is committed to ensuring that our programs are accessible to participants with disabilities. Contact the center with your request and every effort will be made to accommodate you.

<p><b>Course Session Number 1:</b> <b>October 6, 2020:</b> <i>Finding Flamenco</i> (2019): Stephany Borges</p> <p><b>Course Session Number 2:</b> <b>November 3, 2020:</b> <i>American Dirt</i> (2020): Jeanine Cummins</p> <p><b>Course Session Number 3:</b> <b>December 8, 2020:</b> <i>Where the Crawdads Sing</i> (2018): Delia Owens</p> <p><b>Course Session Number 4:</b> <b>January 5, 2021:</b> <i>The Giver of Stars</i> (2019): Jojo Moyes</p>	<p><b>Course Session 5:</b> <b>February 2, 2021:</b> <i>Nineteen minutes</i> (2008): Jodi Pecault</p> <p><b>Class Session 6:</b> <b>March 2, 2021:</b> <i>A Long Petal Of The Sea</i> (2020): Isabel Allende</p> <p><b>Class Session 7:</b> <b>April 6, 2021:</b> <i>Afterlife</i> (2020): Julia Alvarez</p> <p><b>Class Session 8:</b> <b>May 4, 2021:</b> <i>Olive Again</i> (2019): Elizabeth Strout</p>
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**For more information and registration call (714) 633-3933**

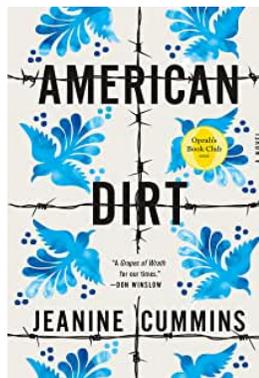


### **Finding Flamenco by Stephany Borges**

In her teens, Stephany Borges saw her first flamenco show at Los Flamencos de la Bodega in North Beach, San Francisco. From the first note of the flamenco guitar and the first throaty cry of the singer, she knew she had found a world of music and dance that thrilled her to the core. She then studied with the legendary Isa Mura and Ernesto Hernandez until her mother put a stop to it because dancers rarely made a decent living. Borges chose another career path teaching English and creative writing.

At around sixty, she retired from teaching at a California university, sold her house in Northern California, and moved to New Mexico. Though much rehearsed and carefully orchestrated, the reality of leaving her job, her community, and her home in the redwoods to live a new life in the high desert was not easy. And, then unexpectedly, she found flamenco. It never occurred to her that her abiding love of dance would be resurrected at this stage in her life.

In *Finding Flamenco*, she shares the stories of her adventures and passions, telling her tales of loss, travel, friendships, relationships, and so much more.

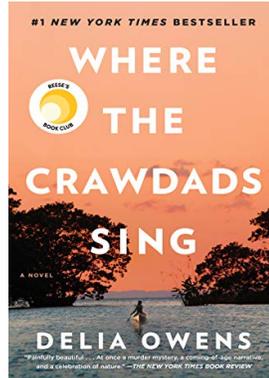


### **American Dirt by Jeanine Cummins**

Already being hailed as “a *Grapes of Wrath* for our times” and “a new American classic,” *American Dirt* is a rare exploration into the inner hearts of people willing to sacrifice everything for a glimmer of hope.

Lydia Quixano Perez runs a bookstore in the Mexican City of Acapulco until one violent day changes everything. Forced to flee, Lydia and eight-year-old Luca soon find themselves miles and worlds away from their comfortable middle-class existence. Instantly transformed into migrants, Lydia and Luca ride *la bestia*—trains that make their way north toward the United States, which is the only place they might feel safe. As they join the countless people trying to reach *el norte*, Lydia soon sees that everyone is running from something. But what exactly are they running to?

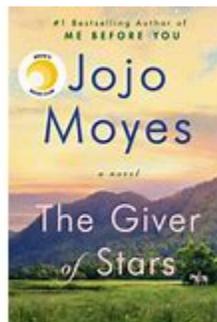
*American Dirt* will leave readers utterly changed when they finish reading it. A page-turner filled with poignancy, drama, and humanity on every page, it is a literary achievement. It is one of the most important books for our times.



***Where the Crawdads Sing* by Delia Owens**  
**Painfully beautiful."--*The New York Times Book Review***

For years, rumors of the "Marsh Girl" have haunted Barkley Cove, a quiet town on the North Carolina coast. So in late 1969, when handsome Chase Andrews is found dead, the locals immediately suspect Kya Clark, the so-called Marsh Girl. But Kya is not what they say. Sensitive and intelligent, she has survived for years alone in the marsh that she calls home, finding friends in the gulls and lessons in the sand. Then the time comes when she yearns to be touched and loved. When two young men from town become intrigued by her wild beauty, Kya opens herself to a new life--until the unthinkable happens.

*Where the Crawdads Sing* is at once an exquisite ode to the natural world, a heartbreaking coming-of-age story, and a surprising tale of possible murder. Owens reminds us that we are forever shaped by the children we once were, and that we are all subject to the beautiful and violent secrets that nature keeps.



***The Giver of Stars* by Jojo Moyes**

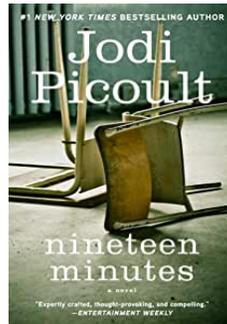
Alice Wright marries handsome American Bennett Van Cleve hoping to escape her stifling life in England. But small-town Kentucky quickly proves equally claustrophobic, especially living alongside her overbearing father-in-law. So when a call goes out for a team of women to deliver books as part of Eleanor Roosevelt's new traveling library, Alice signs on enthusiastically.

The leader, and soon Alice's greatest ally, is Margery, a smart-talking, self-sufficient woman who's never asked a man's permission for anything. They will be joined by three other singular women who become known as the Packhorse Librarians of Kentucky.

What happens to them--and to the men they love--becomes an unforgettable drama of loyalty, justice, humanity and

passion. These heroic women refuse to be cowed by men or by convention. And though they face all kinds of dangers in a landscape that is at times breathtakingly beautiful, at others brutal, they're committed to their job: bringing books to people who have never had any, arming them with facts that will change their lives.

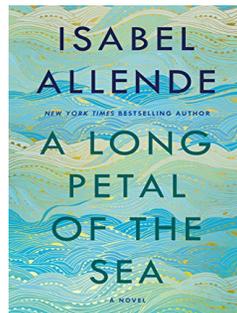
Based on a true story rooted in America's past, *The Giver of Stars* is unparalleled in its scope and epic in its storytelling. Funny, heartbreaking, enthralling, it is destined to become a modern classic--a richly rewarding novel of women's friendship, of true love, and of what happens when we reach beyond our grasp for the great beyond.



### **Nineteen minutes by Jodi Picoult**

In nineteen minutes, you can mow the front lawn, color your hair, watch a third of a hockey game. In nineteen minutes, you can bake scones or get a tooth filled by a dentist; you can fold laundry for a family of five....In nineteen minutes, you can stop the world, or you can just jump off it. In nineteen minutes, you can get revenge.

Sterling is a small, ordinary New Hampshire town where nothing ever happens -- until the day its complacency is shattered by a shocking act of violence. In the aftermath, the town's residents must not only seek justice in order to begin healing but also come to terms with the role they played in the tragedy. For them, the lines between truth and fiction, right and wrong, insider and outsider have been obscured forever. Josie Cormier, the teenage daughter of the judge sitting on the case, could be the state's best witness, but she can't remember what happened in front of her own eyes. And as the trial progresses, fault lines between the high school and the adult community begin to show.



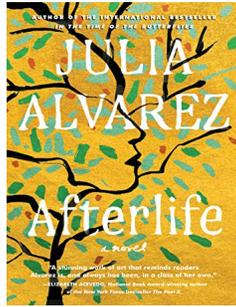
### **A Long Petal Of The Sea by Isabel Allende**

In the late 1930s, civil war grips Spain. When General Franco and his Fascists succeed in overthrowing the government, hundreds of thousands are forced to flee in a treacherous journey over the mountains to the French border. Among them is Roser, a pregnant young widow, who finds her life intertwined with that of Victor Dalmau, an army doctor and the brother of her deceased love. In order to survive, the two must unite in a marriage neither of them desires.

Together with two thousand other refugees, they embark on the SS *Winnipeg*, a ship chartered by the poet Pablo Neruda, to Chile: "the long petal of sea and wine and snow." As unlikely partners, they embrace exile as the rest of Europe erupts in world war. Starting over on a new continent, their trials are just beginning, and over the course of their lives, they will face trial after trial. But they will also find joy as they patiently await the day when they will be exiles no more. Through it all, their hope of returning to Spain keeps them going. Destined to witness the battle between freedom

and repression as it plays out across the world, Roser and Victor will find that home might have been closer than they thought all along.

A masterful work of historical fiction about hope, exile, and belonging, *A Long Petal of the Sea* shows Isabel Allende at the height of her powers.



### **Afterlife by Julia Alvarez**

Antonia Vega, the immigrant writer at the center of *Afterlife*, has had the rug pulled out from under her. She has just retired from the college where she taught English when her beloved husband, Sam, suddenly dies. And then more jolts: her bighearted but unstable sister disappears, and Antonia returns home one evening to find a pregnant, undocumented teenager on her doorstep. Antonia has always sought direction in the literature she loves—lines from her favorite authors play in her head like a soundtrack—but now she finds that the world demands more of her than words.

*Afterlife* is a compact, nimble, and sharply droll novel. Set in this political moment of tribalism and distrust, it asks: What do we owe those in crisis in our families, including—maybe especially—members of our human family? How do we live in a broken world without losing faith in one another or ourselves? And how do we stay true to those glorious souls we have lost?



### **Olive Again (2019): Elizabeth Strout**

Prickly, wry, resistant to change yet ruthlessly honest and deeply empathetic, Olive Kitteridge is “a compelling life force” (San Francisco Chronicle). The New Yorker has said that Elizabeth Strout “animates the ordinary with an astonishing force,” and she has never done so more clearly than in these pages, where the iconic Olive struggles to understand not only herself and her own life but the lives of those around her in the town of Crosby, Maine. Whether with a teenager coming to terms with the loss of her father, a young woman about to give birth during a hilariously inopportune moment, a nurse who confesses a secret high school crush, or a lawyer who struggles with an inheritance she does not want to accept, the unforgettable Olive will continue to startle us, to move us, and to inspire us—in Strout’s words—“to bear the burden of the mystery with as much grace as we can.”