



## **THE CALL OF DARKNESS: MANAGING SUICIDALITY IN CLINICAL PRACTICE**

**November 7, 2020 & January 23, 2021**

**9:00-4:30**

(6 Hour Continuing Education Credits)

**THIS CLASS WILL BE HELD VIRTUALLY ON ZOOM AND LIMITED TO 15 PARTICIPANTS**

Note: This single class satisfies the California Board of Behavioral Sciences mandated suicide prevention class as well as the law and ethics requirements.

### **Course Description**

This intermediate to advanced course for mental health professionals begins with the awareness that our ability to predict suicide is little better than chance and that at present there are no consistently reliable empirically validated treatment techniques to prevent suicide. However, Dr. Hedges will demonstrate that in the past three decades much has been learned about the dynamics of suicide and many promising treatment approaches have been advanced that are slowly yielding clinical as well as empirical results.

Dr. Hedges will present the groundbreaking work on suicidality of Freud, Jung, Menninger and Shneidman as well as the more recent work of Linehan, Kernberg, Joiner and the attachment theorists along with the features in common that these treatment approaches seem to share. He will put forth a Relational Listening approach regarding the origins of suicidality in a relational/developmental context and will consider their implications for treating, and managing suicidality.

**Learning Goals:** At the conclusion of this class participants will be able to:

- Define what Edwin Schneidman means by “psychache”.
- Describe Joiner’s interpersonal approach to understanding and managing suicide.
- Explain the difference between “mourning” and “melancholia”.
- State how the attachment-abandonment dynamic can lead to instrumental suicidality.
- State how the connection-withdrawal dynamic can lead to lethal suicidality.
- Explain what can be learned in a “suicide autopsy”.

- State the difference between “a cry for help” and “a cry of pain”.

The Call of Darkness suicide class (6hours) is also available on line at [sfrankelgroup.com](http://sfrankelgroup.com)

Also available on [sfrankelgroup.com](http://sfrankelgroup.com) are other courses taught by Dr. Hedges:



- Managing High Risk Professional Relationships (2 hours)
- Sex in Psychotherapy (5 hours)
- Making Love Last (4 hours)
- Cross-cultural Encounters (5 hours)

**Lawrence Hedges, Ph.D., Psy.D., ABPP.**, began seeing patients in 1966 and completed his training in child psychoanalysis in 1973. Since that time his primary occupation has been training and supervising psychoanalysts and psychotherapists individually and in groups on their most difficult cases. He was the Founding Director of the Newport Psychoanalytic Institute in 1983 where he continues to serve as supervising and training analyst. Throughout his career Dr. Hedges has provided continuing education courses for psychotherapists throughout the United States and abroad. He has consulted or served as expert witness on more than 400 complaints against psychotherapists in 20 states and has published 22 books on various topics of interest to psychoanalysts and psychoanalytic psychotherapists, three of which have received the Gradiva award. During the 1909 centennial celebrations of The International Psychoanalytic Association his 1992 book, *Interpreting the Countertransference*, was named one of the key contributions in the relational track during the first century of psychoanalysis. In 2015 Dr. Hedges was distinguished by being awarded honorary membership in the American Psychoanalytic Association for his many contributions to psychoanalysis.

#### **Continuing Education Certificates and Credits**

This course meets the qualifications for 6 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The Listening Perspectives Study Center is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs. The Listening Perspectives Study Center maintains responsibility for this program/course and its content.

CAMFT Approved Provider# 25946

#### **About The Listening Perspectives Study Center**

The Listening Perspectives Study Center is an equal opportunity CE provider committed to principles equality and of social justice. Information regarding registration, fees, refunds, attendance policies, credits, instructors qualifications, ethics, grievances, and conflicts of interest are spelled out on our website, [Listeningperspectives.com](http://Listeningperspectives.com)

There are no commercial interests or conflicts of interest involved in this Continuing Education class. Full attendance and completed course evaluation are required for Continuing Education credit for class. The knowledge and usefulness of the material presented in this class is based upon research and is limited to the contexts discussed. No experimental or dangerous procedures are part of this class.

The Listening Perspectives Study Center is committed to ensuring that our programs are accessible to participants with disabilities. Contact the center with your request and every effort will be made to accommodate you. We are an equal opportunity organization at all levels and in all ways—in employment, training, and consultation. Every effort will be made to accommodate minority, disadvantaged, and challenged individuals in whatever way possible. Contact us with your needs. All grievances are to be taken up with the director of the center directly. If a disagreement arises then within 30 days a third party suitable to both parties will be sought to mediate.

Further, individual therapists of different sexes, gender orientation, socioeconomic status, age, ability, and disability as well as individuals with differing religious and political beliefs are regularly welcomed to participate in our continuing education classes.

Unless otherwise specified Tuition is \$150.00, Payments can be arranged and some scholarships are available. Full refunds are made if the course is cancelled by fax or letter 10 days before the first meeting.

**For registration and information call (714) 633-3933 or go to**

**[www.listeningperspectives.com](http://www.listeningperspectives.com)**